

TOWN OF BROOKHAVEN

SENIOR CITIZEN DIVISION

Happy Talk

NOVEMBER-DECEMBER 2015 ISSUE



Welcome to the November—December Edition of Happy Talk.

Autumn has arrived in the Town of Brookhaven! Autumn is a special time of year, the leaves begin to change colors, children are back in school and football season is here. The Town offers an abundance of activities available at our senior citizen center and recreation centers.

Included within the pages of this edition of Happy Talk is information on how to join a senior citizen club in your area, many of which have holiday dances, parties and other activities planned in the coming months. Brookhaven has more than 28 clubs across our town, meeting in various public buildings in your neighborhood. To find a club in your area or for more information, please call 451-9191.

With the cold months approaching, you might want to join one of our nutrition programs where not only you are provided with a nutritious lunch, but you have the opportunity to interact with other senior citizens in our community and enjoy a variety of activities. The program is funded by Suffolk County Office for the Aging and the Town has two Nutrition sites, located in Mastic and Mount Sinai. If you are interested in joining one of our nutrition programs, please see inside for more information.

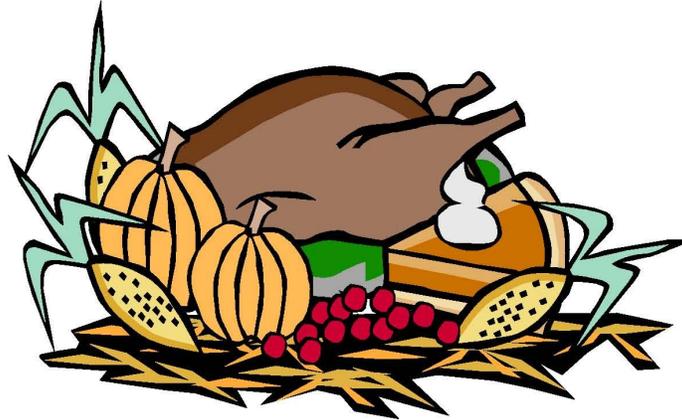
If you would like to sit back and read, you can stop by the Senior Citizen Division located at Town Hall to pick up a book from our “Bring a Book, Borrow a Book” shelves.

Finally, I invite you to mark your calendars to join us as we usher in the holiday season at our Annual Tree Lighting on December 4th and Menorah lighting on December 7th; both will begin at 6 pm .

Enjoy the upcoming months, and join us at one of the many events the Town of Brookhaven has to offer!

Edward P. Romaine

TOWN OF BROOKHAVEN INTERFACE THANKSGIVING FOOD DRIVE



**Help Needy Families enjoy a Happy Holiday Season
this year by purchasing and donating
non-perishable food items.**

Suggestions

Canned Cranberry Sauce, Stuffing, Canned Vegetables, Canned Sweet or White Potatoes, Instant Mashed Potatoes, Turkey Gravy, Soup, Jar or Canned Sauce, Pasta, Canned Pasta, Macaroni & Cheese, Cake Mix, Icing, Pudding, Jello, Cookie Mix, Cereal, and Juice.

***A \$10.00 Food Gift Certificate
that could be used to purchase a Turkey***

Drop Off Sites

**Brookhaven Town Hall, One Independence Hill in Farmingville
Brookhaven Town Highway Department, 1140 Old Town Road in Coram
Henrietta Acampora Recreation Center, 39 Montauk Highway in Blue Point
Rose Caracappa Senior Center, 739 Route 25A, Mt. Sinai**

**For More Information contact the Town of Brookhaven
Youth Bureau @ 451-8011**



Supervisor Edward P. Romaine

Valerie M. Cartright, District 1 Constance Kepert, District 4
Jane Bonner, District 2 Neil Foley, District 5
Kevin LaValle, District 3 Daniel Panico, District 6
Donna Lent, Town Clerk Louis Marcoccia, Receiver of Taxes
Daniel Losquadro, Highway Superintendent

All **Long Island Car & Motorcycle Enthusiasts**
Annual

Food & Toy Drive

Sunday, November 8, 2015

Rain or Shine

9:00 am to 4:00 pm

Brookhaven Town Hall

**One Independence Hill, Farmingville, NY
LIE Exit 63 North (N. Ocean Ave.)**

Held in conjunction with
Town of Brookhaven Interface Program

***Help Needy Children
Have A Happy Holiday***

Santa Arrives at Noon

Long Islanders Helping Long Islanders

Bring Unwrapped New Toys, Games and Non-Perishable Food Items
Cash Donations Accepted

Free Hot Dogs & Beverages for all Elves Bearing Gifts

Weather permitting, drive your ride

Open Show

No Admission, No Judging, No Trophies

Live Music and Entertainment all Day

Maxine 516-658-1977

Steve 631-224-9517

Town of Brookhaven Nutrition Program

Bay Area Nutrition Program

15 Herkimer Street Mastic, NY 11950

631-281-7679

North Shore Nutrition Program

739 Route 25A, Mt. Sinai, NY 11766

631-476-6446

Residents age 60 and over can attend our lunch program and get a well-balanced, nutritious meal that is served Monday through Friday in a friendly, social atmosphere. A voluntary \$2.00 donation is suggested for lunch. The program also provides seniors with the opportunity to meet new friends and participate in many other activities.

Nutrition Program is partially funded by Suffolk County Office for the Aging, New York State Office for the Aging and Administration for Community Living

MOVIES

EXERCISE

CONVERSATION

GAMES

DANCING

Transportation is provided, subject to availability. A voluntary donation of \$1.00 is suggested for transportation. All donations are solely used to enhance the program. No one will be denied services because of their inability or unwillingness to contribute.



Edward P. Romaine, Supervisor

Valerie M. Cartright District 1, Jane Bonner District 2, Kevin LaValle, District 3,

Constance Kepert, District 4, Neil J. Foley, District 5, Daniel J. Panico, District 6

Donna Lent, Town Clerk, Louis J. Marcoccia, Rec. of Taxes, Daniel P. Losquadro, Superintendent of Highways



BRING A BOOK, BORROW A BOOK

The Town of Brookhaven Senior Citizen Division will be introducing a “Bring a Book, Borrow a Book” program in the Senior Citizen Division located at Town Hall on the 2nd floor. Come and borrow a book or donate your old books. Donations are for novels only, books must be in good condition. Donations will be accepted Monday through Friday. The “Bring a Book, Borrow a Book” program is currently open to all seniors in the Town of Brookhaven.

RECIPE CORNER

Pumpkin Muffins



- 1 Box spice Cake Mix
- 30 oz Can Pumpkin Pie Filling
- 1 3.4 oz Box Vanilla Instant Pudding
- 2 Slightly Beaten Eggs
- 1 Tbsp Sour Cream
- 1/2 Cup Vegetable Oil
- 2 Tsp Pumpkin Pie Spice
- Brown Sugar (4 Tsp per muffin)

In bowl combine cake mix, pumpkin pie filling and vanilla pudding —stir well

Add sour cream, oil and pumpkin pie spice—mix well

Add the eggs after all is combined

Pour batter into cupcake pan

Top muffins with brown sugar before baking (Enough to cover batter)

Put pan on a baking sheet that has been lined with foil or parchment to contain mess

Bake at 350 Degrees for 30 to 45 minutes until center is cooked

Send your favorite recipe to dmarchese@brookhaven.org

Yellow Dot Program



The Suffolk County Sheriff's Office, in conjunction with the New York State Sheriffs' Association, are pleased to offer the Yellow Dot Program to Suffolk County residents free-of-charge. The Yellow Dot Program is designed to help first responders provide life-saving medical attention during that first "golden hour" after a crash or other emergency.

A Yellow Dot decal on the driver's-side rear window of your vehicle will alert first responders that vital medical information is stored in the glove compartment.

How Yellow Dot Works:

Each Yellow Dot kit contains a personal information card and a Yellow Dot decal.

- Complete both sides of the personal information card as completely as possible, in pencil. Attach a recent photo of yourself and place it in a visible location in your car's glove compartment.
- Complete one card for each person who regularly occupies the vehicle. See below to request additional medical information forms.
- Place the Yellow Dot decal on the rear driver's side window to alert first responders to look in the glove compartment for your medical information.
- Personally update the card annually or bring it to your annual medical check-up. If you sell your car, remove the Yellow Dot sticker.

To request a Yellow Dot kit, call the Brookhaven Town Senior Citizen Division at 631-451-9191, or call the Suffolk County Sheriff's Office at 852-2663. Yellow Dot kits are also available in many local New York State Assembly offices throughout Suffolk County. Call your local Assembly member to inquire.

Suffolk County Police Department Prescription Drug Drop Off Program

In an effort to assist seniors and all residents with proper disposal of unused, unneeded or expired medications, the town and the Suffolk County Police Department will be at the following locations between the hours of 10:00 am and 1:00 pm to accept your unused prescriptions. This effort not only prevents pills from entering our waterways but also prevents potential abuse of prescriptions by those they were not prescribed for.

Drop off will be held the First Wednesday of each month at the following three Town facilities:

Henrietta Acampora Recreation Center
39 Montauk Highway
Bluepoint, NY 11715
631-363-5193

Rose Caracappa Senior Center
739 Route 25A
Mt. Sinai, NY 11766
631-476-6449



Town of Brookhaven Residential Repair Program

The Residential Repair Program provides household assistance with repairs that do not require the skills of a licensed craftsperson. The program offers minor repairs for senior citizens who are not able to perform themselves. **THIS IS NOT AN EMERGENCY SERVICE.** For more information and/or an application, call 451-9092.

Funding is provided by the Suffolk County Office for the Aging and the United States Department of Health and Human Services through the New York State Office for the Aging

Rose Caracappa Senior Citizen Cultural & Wellness Center

Located at the junction of Route 25A and Patchogue-Mt. Sinai Rd (Rte. 83), it is the setting for a wide array of multi-generational activities such as: workshops, book discussions, game playing, bridge, mah jongg, as well as classes for exercise, yoga, dancing, foreign language, and introduction to the internet. Residents are welcome to drop in and visit the center. The center is open Monday through Friday, 9:00am—4:30pm (excluding holidays). Many of the activities are free or have a minimal fee. Call the center for details at 476-6449 or 476-6431.



Nutrition Program

One of the most popular programs that the Town offers to our Seniors is the Nutrition Program. We are proud to announce that the Bay Area Nutrition Center has been relocated to the newly renovated Mastic Recreation Center at 15 Herkimer St., Mastic Beach—281-7679. You may also participate at the North Shore Nutrition Center located at the Rose Caracappa Center, 739 Route 25A, Mt. Sinai—476-6442 or 476-6446. Each site provides a nutritious lunch in a friendly, social atmosphere. A menu of delicious meals is planned by a registered dietician and served Monday through Friday. This program also gives seniors the opportunity to meet new friends and participate in many activities that are offered at both sites. Call the center in your area for details.

The Nutrition Program also offers the Meals on Wheels service.

Do you want to become a Volunteer and make a difference in your community?

If interested call, 476-6442 or 476-6446 in Mt. Sinai or 281-7679 in Mastic Beach.

*The Town of Brookhaven Nutrition Program is sponsored by the United States Department of Health and Human Services, New York State and the Suffolk County Office for the Aging.
There is a suggested donation of \$2 for lunch.*

The Lending Closet

The “Comfort Aids” organization lends medical equipment such as walkers, wheelchairs, commodes, canes and shower chairs at no cost to Town of Brookhaven residents. Supplies are limited and distributed on a first-come first-served basis. Donations are accepted and greatly appreciated. These services are offered at the following recreation centers:

Henrietta Acampora in Blue Point—(631) 363-5193

New Village in Centereach—(631) 732-2338

Robert E. Reid Sr. in Shoreham—(631) 744-2601





JITNEY TRANSPORTATION

The Town of Brookhaven Jitney Transportation Program is a shared ride, curb to curb service provided to our residents who are 60 years of age and over or disabled, cannot drive, or have no other means of transportation. Transportation is provided to medical facilities and grocery shopping. Medical transportation is provided on a first-come first-served basis and is by appointment only.

For more information and an application, call 451-9081 or 451-9082, Monday—Friday between 7:00 am and 3:30 pm. There is a fee for this service. Some restrictions do apply.



SENIOR CLUB NEWS

The Town of Brookhaven sponsors 28 Senior Citizen Clubs at various neighborhood locations town-wide.

The following Senior Citizen Clubs are looking for new members:

Lake Ronkonkoma Senior Citizen Club—Meetings are held on Mondays at the Lake Ronkonkoma Firehouse,
505 Hawkins Avenue, Lake Ronkonkoma

Selden Senior Citizen Club—Meetings are held on Thursdays at the Selden Firehouse,
44 Woodmere Place, Selden

Swan Lake Senior Citizen Club—Meetings are held on Wednesdays at the Henrietta Acampora Recreation Center,
39 Montauk Highway, Blue Point

Hagerman Senior Citizen Club—Meetings are held on Thursdays at the Henrietta Acampora Recreation Center,
39 Montauk Highway, Blue Point

Middle Island Senior Citizen Club—Meetings are held on Tuesdays at the Middle Island Fire House,
31 Arnold Avenue, Middle Island

Westfield Senior Citizen Club—Meetings are held on Wednesdays at the Selden Firehouse,
44 Woodmere Place, Selden

Centereach Senior Citizen Club—Meetings are held on Tuesdays at the New Village Recreation Center,
20 Wireless Road, Centereach

Albert Tinnie Senior Citizen Club—Meetings are held on Wednesdays at the Gordon Heights Fire House,
23 Hawkins Road, Medford

Senior Citizens of Manorville—Meetings are held on Thursdays at the Manorville Fire House,
14 Silas Carter Rd, Manorville

Patchogue Seniors—Meetings are held on Tuesdays at the Henrietta Acampora Rec. Center,
39 Montauk Hwy., Bluepoint

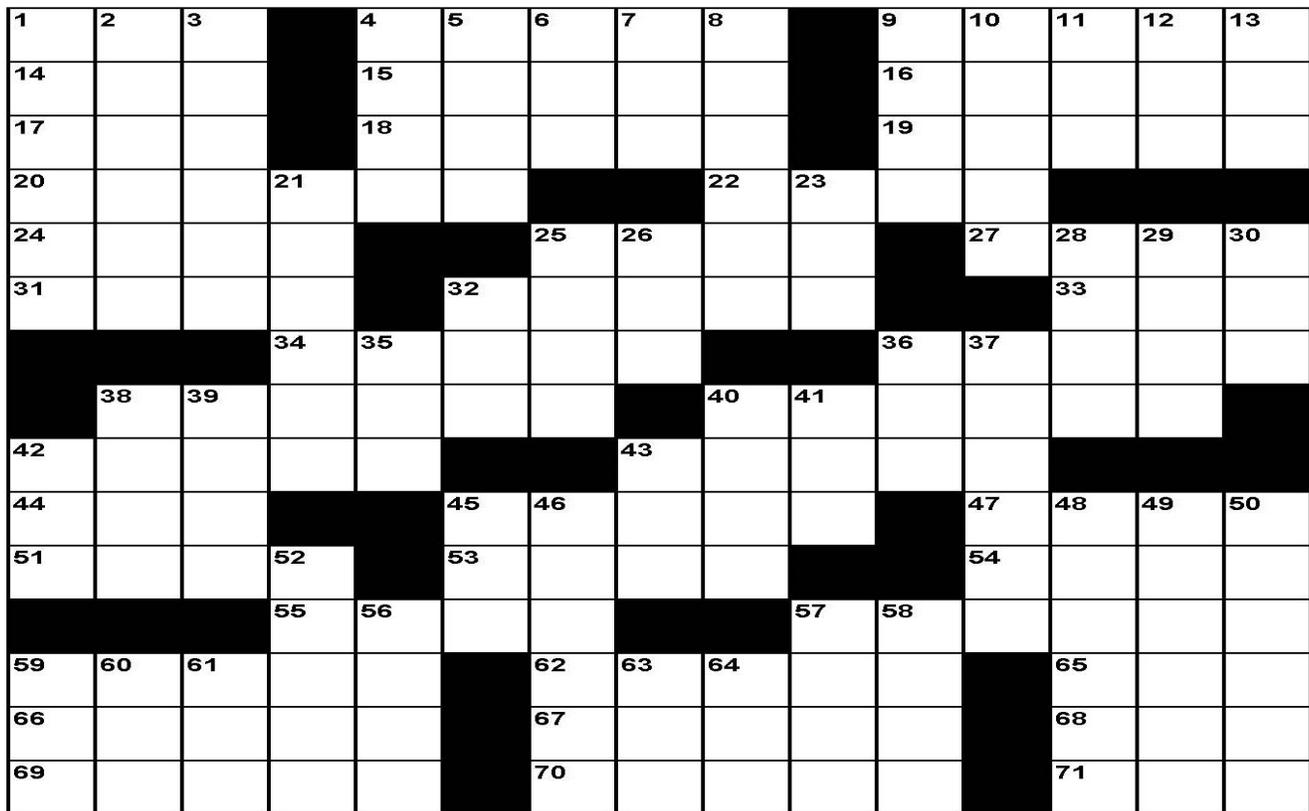
All meeting are from 10:00 am—3:00 pm.

For more information call 451-9191



HARVEST FESTIVAL

www.qets.com



Created by Evelyn Bailey Johnson 2014

ACROSS

- 1 Title of respect
- 4 Do a dance
- 9 Brand of stick-like crackers
- 14 Poem of praise
- 15 Shout joyfully
- 16 Leases
- 17 Crimson
- 18 Jazz
- 19 Beginning
- 20 Chinese religion
- 22 Exalt
- 24 Volcano
- 25 Fines
- 27 Christmas
- 31 Believe
- 32 Abrasive
- 33 Fiddle
- 34 Greek government
- 36 Hire
- 38 Leaf of honor
- 40 Author of "Faust"
- 42 House rodent
- 43 Tender

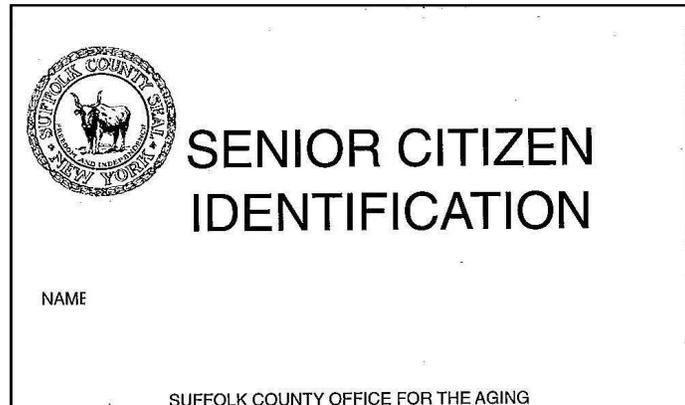
- 44 April (abbr.)
- 45 Inclined
- 47 Branch of learning
- 51 Piece of paper
- 53 Mail
- 54 Roman emperor
- 55 Scan
- 57 Pitiful
- 59 Seat
- 62 Warm
- 65 Card game
- 66 Pledge
- 67 Chase
- 68 Stretch to make do
- 69 Expression
- 70 Painter Richard
- 71 Acid drug

DOWN

- 1 Classified
- 2 Envisage
- 3 Made over
- 4 Southwest by south
- 5 Excuse me!
- 6 Throng
- 7 Ghost's greeting
- 8 Tree fruits
- 9 Thousand (abbr.)
- 10 Breezy
- 11 Internal Revenue Service
- 12 "To the right!"
- 13 Supersonic transport
- 21 Verse meter
- 23 Fire remains
- 25 Autumn
- 26 Bard's before
- 28 Western state
- 29 Misplace
- 30 Hurricane center
- 32 Shade
- 35 Miner's goal
- 36 Limb
- 37 Hydrocarbon
- 38 Run
- 39 Nimbus
- 40 Jewelry metal
- 41 Away
- 42 Bad (prefix)
- 43 Boom
- 45 Inquire
- 46 Grow molars
- 48 Put more gas in
- 49 Chests
- 50 Flied alone
- 52 Decorate a cake
- 56 Singing voice
- 57 Dinner drink
- 58 Chances of winning
- 59 Short-term memory
- 60 Also
- 61 Grain
- 63 Aurora
- 64 Position

Senior Citizen I.D. Cards

If you are 60 years of age or older and a Suffolk County resident, you are entitled to a Senior Citizen I.D. Card. The card offers many discounts to seniors including a reduced fare on the Suffolk County Bus System. Stop by the Town of Brookhaven Senior Citizen Division with proof of age and residence and you will be issued an I.D. card. For more information call 631-451-9191.



The Senior Citizens Advisory Commission

Established in 1967, the Commission is comprised of 15 members, appointed by each councilmember and the Supervisor. Commission members serve in an advisory capacity and make recommendations to the Town Board on behalf of seniors in the town.

Supervisor: Frank D'Agostino, Eugene Gerrard

District 1: Angela Cammarata

District 2: Daniel Buckley, Werner Ulrich

District 3: Philomena Reynolds, Robert Reilly, Sr.

District 4: Lillie Crowder, Anna Smith

District 5: Joan Cipriani

District 6: Manuel Cordeiro

Upcoming Events

- Every Monday Exercise, 9:30 am—10:15 am, Bay Area Nutrition, Mastic—281-7679
- Nov 9,16,23 Living Healthy with Better Choices Workshop presented by RSVP
Rose Caracappa Center, Mt. Sinai—Call to Register, 476-6449
- Nov 10, Dec 8 Library, 9:45 am—10:30 pm, Bay Area Nutrition, Mastic—281-7679
- Nov 18, Dec 16 Senior Citizen Advocate, 9:30 am—12:30 pm, Rose Caracappa Center,
Mt. Sinai—Call to make an appointment, 476-6449
- Nov 18, Dec 16 Exercise/Nutrition, 9:30 am—10:30 am, Bay Area Nutrition, Mastic
—281-7679
- Nov 18, Dec 16 Senior Citizen Advocate, 9:00 am—12:30 pm, Bay Area Nutrition, Mastic
—281-7679
- Nov 19 Defensive Driving Class, 9:30 am—3:30 pm, Rose Caracappa Center,
Mt. Sinai—Call to Register, 476-6449
- Dec 4 Tree Lighting, 6:00 pm, Holtsville Ecology Site
- Dec 7 Menorah Lighting, 6:00 pm, Town Hall Lobby, Farmingville
- Dec 7 Holiday Dance, 1:30 pm—3:30 pm, Rose Caracappa Center, Mt. Sinai
Stop by or call to reserve a ticket, 476-6449
- Dec 14 Well Being Mind & Body Workshop presented by SCHD, 12:00pm-1:30 pm
Rose Caracappa Center, Mt. Sinai—476-6449

Every Tuesday—Sing along with Marge at 1:30 pm at the Rose Caracappa Center
Every Thursday learn to play Pinochle with Tom at 1:30 pm at the Rose Caracappa Center
All events are subject to change. For more information, please call 476-6449.

TOWN HALL HOLIDAY CLOSINGS 2015

Election Day	November 3, 2015
Veterans Day	November 11, 2015
Thanksgiving Day	November 26, 2015
Thanksgiving Day Weekend	November 27, 2015
1/2 Day Christmas Eve	December 24, 2015
Christmas Day	December 25, 2015

Town of Brookhaven
Department of Housing & Human Services
Diana Weir, Commissioner
Senior Citizen Division
One Independence Hill, Farmingville, New York 11738
PHONE: (631) 451-9191 FAX: (631) 451-9148



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