

# TOWN OF BROOKHAVEN

## SENIOR CITIZEN DIVISION

# *Happy Talk*

APRIL-JUNE 2016 ISSUE



Welcome to the April — June Edition of Happy Talk.

With spring blossoming all around us, Brookhaven Town's Senior Citizen Division has several events and activities planned for the warmer months ahead. We look forward to everything that the new season brings and want to remind residents of the many programs that assist seniors at home and within our vibrant communities.

Do you have a leaky faucet? Our Residential Repair Program provides household assistance to seniors who are homeowners, condominium owners, or apartment renters. This service provides assistance with minor home repairs that do not require the skills of a licensed craftsperson. For further information, please call 451-9092.

Our Jitney Transportation Program provides curb to curb service within Brookhaven to our senior citizens and disabled residents who have no other means of transportation. This service is used for doctor visits and shopping purposes. To find out more about this program, please call 451-9081.

I would also like to take this opportunity to remind you about the Annual Senior Citizen's Picnic in June at Longwood Estate in Ridge. This is always a great time spent with friends, family and members of our local communities. We hope to spend time with you enjoying the sunshine, fresh air and some excellent barbecue food! If you would like to attend, please RSVP by June 1 by calling 451-9084. Seating is limited.

This year is already off to an excellent start and all of us at Brookhaven Town look forward to seeing you at the many events we have planned throughout the year. For further information regarding upcoming events and the many outstanding programs offered through our Senior Citizen Division, please read through and enjoy this edition of "Happy Talk."

*Edward P. Romaine*



*Town of Brookhaven Senior Citizen Division*  
*Annual May Rally*

*Friday, May 6, 2016 & Friday, May 13, 2016*

*12:00 pm – 4:00 pm*

*Anthony Matthews Caterers at Mill Pond Country Club*  
*300 Mill Road, Medford, NY 11763*  
*(631)320-0061*

*Cost: \$28.00 per person*

*First Course*

*Mixed Greens Salad*

*Second Course*

*Penne Ala Vodka*

*Main Course (Choice of One)*

*Breaded Pork Loin*

*Chicken Francaise*

*Tilapia Provencal*

*Dessert*

*Celebration Cake*

*Beverage Service*

*Coffee, Tea and Soda*

*\*Alcoholic beverages are available on a cash basis\**

*Music by*

*Louis Del Prete*

*Please RSVP by April 18, 2016 to (631)451-9191*



**Town of Brookhaven  
Senior Citizen Division  
2016 Senior Citizens Picnic**

**June 15<sup>th</sup> & June 16<sup>th</sup>**

**Rain Date: June 17<sup>th</sup>**



**JOIN US FOR A BBQ**

**11:30<sub>AM</sub> - 4:00<sub>PM</sub>**

**Longwood Estate  
205 Longwood Road  
Ridge, NY 11961**

Please RSVP to Dona Marchese  
by: June 1, 2016 at (631)451-9084

TICKETS ARE AVAILABLE  
FOR ONE DAY ONLY

LIMITED SEATING



**Edward P. Romaine, Supervisor**

Valerie M. Cartright, District 1  
Kevin LaValle, District 3  
Neil Foley, District 5

Jane Bonner, District 2  
Michael A. Loguercio Jr., District 4  
Daniel J. Panico, District 6

Donna Lent, Town Clerk

Louis Marcoccia, Receiver of Taxes

Daniel Losquadro, Superintendent of Highways

# **BROOKHAVEN HELPLINE**

***Making a Difference***

## ***Are You Alone All Day?***

***Would you like someone to phone you every day, to lend an ear or to see how you're doing?***

***WE CAN HELP!***



There is no fee for *Helpline*. If you know of a senior citizen in need of this service, please call the Senior Citizen Division



*Helpline* is a free telephone reassurance service for isolated or homebound seniors. Our program provides human contact with a daily reassurance call, letting clients know that someone is there for them.

*Helpline* volunteers reach out with a friendly voice—asking how you're doing, answering questions, providing information about Town or County services or just lending an ear from one person to another.

**To sign up for this program, please call the Town of Brookhaven Senior Citizens Division at 451-9191**

**Edward P. Romaine, Supervisor**

Valerie M. Cartright, District 1

Kevin LaValle, District 3

Neil Foley, District 5

Jane Bonner, District 2

Michael A. Loguercio Jr., District 4

Daniel J. Panico, District 6

Donna Lent, Town Clerk

Louis Marcoccia, Receiver of Taxes

Daniel Losquadro, Superintendent of Highways

# *Town of Brookhaven Nutrition Program*

## *Bay Area Nutrition Program*

*15 Herkimer Street Mastic, NY 11950*

*631-281-7679*

## *North Shore Nutrition Program*

*739 Route 25A, Mt. Sinai, NY 11766*

*631-476-6446*

*Residents age 60 and over are encouraged to join us for lunch and enjoy a well-balanced, nutritious meal that is served Monday through Friday in a friendly, social atmosphere. A voluntary \$2.00 donation is suggested for lunch. The program also provides seniors with the opportunity to meet new friends and participate in many other activities.*

*Nutrition Program is partially funded by Suffolk County Office for the Aging, New York State Office for the Aging and Administration for Community Living*

**MOVIES**

**EXERCISE**

**CONVERSATION**

**GAMES**

**DANCING**

*Transportation is provided, subject to availability. A voluntary donation of \$1.00 is suggested for transportation. All donations are solely used to enhance the program. No one will be denied services because of their inability or unwillingness to contribute.*



*Edward P. Romaine, Supervisor*

*Valerie M. Cartright District 1, Jane Bonner District 2, Kevin LaValle, District 3,*

*Michael Loguercio District 4, Neil J. Foley, District 5, Daniel J. Panico, District 6*

*Donna Lent, Town Clerk, Louis J. Marcoccia, Rec. of Taxes, Daniel P. Losquadro, Superintendent of Highways*



## BRING A BOOK, BORROW A BOOK

The Town of Brookhaven Senior Citizen Division will be introducing a “Bring a Book, Borrow a Book” program in the Senior Citizen Division located at Town Hall on the 2nd floor. Come and borrow a book or donate your old books. Donations are for novels only, books must be in good condition. Donations will be accepted Monday through Friday. The “Bring a Book, Borrow a Book” program is currently open to all seniors in the Town of Brookhaven.

### RECIPE CORNER

#### **Cajun Chicken Stir-fry**

**TOTAL TIME:** Prep/Total Time: 30 min.

**MAKES:** 3-4 servings



#### **Ingredients:**

- 1 each small green, sweet red and sweet yellow pepper, julienned
- 1 medium onion, quartered
- 4 tablespoons olive oil, divided
- 2 garlic cloves, minced
- 5 boneless skinless chicken breast halves, cubed
- 1 tablespoon Cajun seasoning (or more if desired)
- 1 tablespoon teriyaki sauce
- 2 cups of cooked brown rice

#### **Directions:**

- In a large skillet, stir-fry peppers and onion in 2 tablespoons oil until crisp-tender. Add garlic; cook 1 minute longer. Remove and keep warm. In the same skillet, stir-fry chicken and Cajun seasoning in remaining oil until no longer pink.
- In the same skillet, return the pepper mixture, add in cooked brown rice, 1 tablespoon of teriyaki sauce and simmer and stir for 3-4 minutes.

*\*If anyone would like to submit a recipe to be published in the next Happy Talk edition, please email [dmarchese@brookhaven.org](mailto:dmarchese@brookhaven.org) or submit to the Center Manager. \**

Supervisor Ed Romaine and the Brookhaven Town Council Present

# THE KEEP BROOKHAVEN BEAUTIFUL

# Great BROOKHAVEN CLEANUP!

For more information and to sign up, visit  
[www.brookhaven.org](http://www.brookhaven.org) or call 451-TOWN.

## SATURDAY, MAY 21



**SIGN UP NOW!**



Scan here to sign up



**Supervisor Ed Romaine**

Valerie M. Cartright, District 1    Michael Loguerccio, District 4  
Jane Bonner, District 2        Neil Foley, District 5  
Kevin LaValle, District 3       Daniel Panico, District 6

Daniel Losquadro, Superintendent of Highways    Donna Lent, Town Clerk    Louis Marcoccia, Receiver of Taxes



## TOWN OF BROOKHAVEN

Department of Waste Management  
One Independence Hill  
Farmingville, NY 11738

For more information call: 451-TOWN (8696)  
or visit: [www.brookhaven.org](http://www.brookhaven.org)

### Special Recycling Event Schedule for 2016

E-Waste / Paper Shredding / Drug Take Back

In Date order:

Council District:	Date:	Location:	Address:	Time:	e-Waste	paper	drug
CD-3 Kevin LaValle	Saturday April 16, 2016	Sachem Public Library	150 Holbrook Rd. Holbrook	9:30 AM – 1:30 PM	✓	✓	✓
CD-6 Dan Panico	Saturday April 30, 2016	William Floyd Middle School	630 Moriches Middle Island Rd. Moriches	9 AM – 1 PM	✓	✓	
CD-2 Jane Bonner	Saturday May 14, 2016	Rose Caracappa Center	739 Route 25A, Mt. Sinai	9 AM – 1 PM	✓	✓	✓
CD-5 Neil Foley	Saturday June 4, 2016	Henrietta Acampora Center	39 Montauk Hwy. Blue Point	9 AM – 1 PM	✓	✓	✓
CD-4 Michael Loguerccio	Saturday July 23, 2016	Longwood Public Library	800 Middle Country Rd. Middle Island	9:30 AM – 1:30 PM	✓	✓	✓
CD-1 Valerie Cartright	Saturday August 13, 2016	Terryville Fire Dept.	19 Jayne Blvd. Port Jefferson Station	9 AM – 1 PM	✓	✓	✓
CD-3 Kevin LaValle	Saturday September 10, 2016	Middle Country Public Library	101 Eastwood Blvd. Centereach	9 AM – 1 PM	✓	✓	✓
CD-2 Jane Bonner	Saturday September 17, 2016	Rose Caracappa Center	739 Route 25A, Mt. Sinai	9 AM – 1 PM	✓	✓	✓
CD-5 Neil Foley	Saturday September 24, 2016	Patchogue Medford High School	181 Buffalo Ave. Medford	9 AM – 1 PM	✓	✓	✓
CD-1 Valerie Cartright	Saturday October 1, 2016	Setauket Fire Dept	394 Nicols Rd. Setauket	9 AM – 1 PM	✓	✓	✓
CD-6 Dan Panico	Saturday October 15, 2016	William Floyd Middle School	630 Moriches Middle Island Rd. Moriches	9 AM – 1 PM	✓	✓	
CD-4 Michael Loguerccio	Saturday October 29, 2016	South Country Public Library	22 Station Rd. Bellport	9:30 AM – 1:30 PM	✓	✓	✓



Find Curby on Facebook!

Sponsored By:





## Town of Brookhaven Residential Repair Program

The Residential Repair Program provides household assistance with repairs that do not require the skills of a licensed craftsperson. The program offers minor repairs for senior citizens who are not able to perform themselves. **THIS IS NOT AN EMERGENCY SERVICE.** For more information and/or an application, call 451-9092.

*Funding is provided by the Suffolk County Office for the Aging and the United States Department of Health and Human Services through the New York State Office for the Aging*

## Rose Caracappa Senior Citizen Cultural & Wellness Center

Located at the junction of Route 25A and Patchogue-Mt. Sinai Rd (Rte. 83), it is the setting for a wide array of multi-generational activities such as: workshops, book discussions, game playing, bridge, mah jongg, as well as classes for exercise, yoga, dancing, foreign language, and introduction to the internet. Residents are welcome to drop in and visit the center. The center is open Monday through Friday, 9:00am—4:30pm (excluding holidays). Many of the activities are free or have a minimal fee. Call the center for details at 476-6449 or 476-6431.



## Nutrition Program

One of the most popular programs that the Town offers to our Seniors is the Nutrition Program. We are proud to announce that the Bay Area Nutrition Center has been relocated to the newly renovated Mastic Recreation Center at 15 Herkimer St., Mastic Beach—281-7679. You may also participate at the North Shore Nutrition Center located at the Rose Caracappa Center, 739 Route 25A, Mt. Sinai—476-6442 or 476-6446. Each site provides a nutritious lunch in a friendly, social atmosphere. A menu of delicious meals is planned by a registered dietician and served Monday through Friday. This program also gives seniors the opportunity to meet new friends and participate in many activities that are offered at both sites. Call the center in your area for details.

**The Nutrition Program also offers the Meals on Wheels service.**

**Do you want to become a Volunteer and make a difference in your community?**

**If interested, call 476-6442 or 476-6446 in Mt. Sinai or 281-7679 in Mastic Beach.**

*The Town of Brookhaven Nutrition Program is sponsored by the United States Department of Health and Human Services, New York State and the Suffolk County Office for the Aging.  
There is a suggested donation of \$2 for lunch.*

## The Lending Closet

The “Comfort Aids” organization lends medical equipment such as walkers, wheelchairs, commodes, canes and shower chairs at no cost to Town of Brookhaven residents. Supplies are limited and distributed on a first-come first-served basis. Donations are accepted and greatly appreciated. These services are offered at the following town recreation centers:

Henrietta Acampora in Blue Point—(631) 363-5193

New Village in Centereach—(631) 732-2338

Robert E. Reid Sr. in Shoreham—(631) 744-2601





## JITNEY TRANSPORTATION

The Town of Brookhaven Jitney Transportation Program is a shared ride, curb to curb service provided to our residents who are 60 years of age and over or disabled, cannot drive, or have no other means of transportation. Transportation is provided to medical facilities and grocery shopping. Medical transportation is provided on a first-come first-served basis and is by appointment only.

For more information and an application, call 451-9081 or 451-9082, Monday—Friday between 7:00 am and 3:30 pm. There is a fee for this service. Some restrictions do apply.



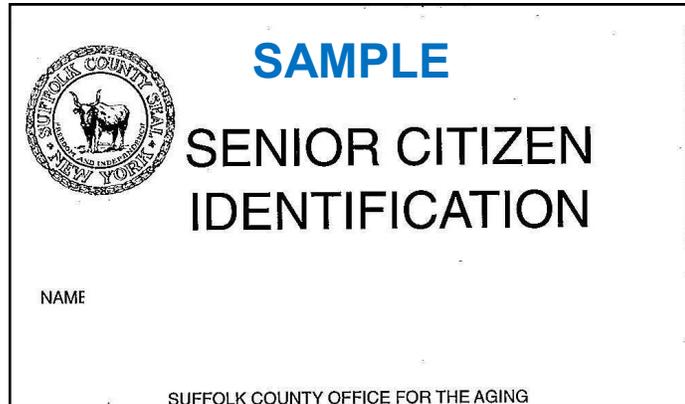
## SENIOR CLUB NEWS

The Town of Brookhaven sponsors 28 Senior Citizen Clubs at various neighborhood locations town-wide. To find out more information about joining a club, please call 451-9191.

- ◆ Albert Tinnie Senior Citizen Club
- ◆ Avery Village Senior Citizen Club
- ◆ Bretton Woods Senior Citizen Club
- ◆ Center Moriches Senior Citizen Club
- ◆ Centereach Senior Citizen Club
- ◆ Farmingville Senior Citizen Club
- ◆ Forge River Senior Citizen Club
- ◆ Greenwood Village Senior Citizen Club
- ◆ Hagerman Senior Citizen Club
- ◆ Lake Grove Senior Citizen Club
- ◆ Lake Ronkonkoma Senior Citizen Club
- ◆ Leisure Village Senior Citizen Club
- ◆ Manorville Senior Citizen Club
- ◆ Mark Tree Senior Citizen Club
- ◆ Middle Island Senior Citizen Club
- ◆ Mt. Sinai Senior Citizen Club
- ◆ Patchogue Seniors Senior Citizen Club
- ◆ Port Jefferson Senior Citizen Club
- ◆ Selden Senior Citizen Club
- ◆ Shoreham Senior Citizen Club
- ◆ Southaven Senior Citizen Club
- ◆ St. George Manor Senior Citizen Club
- ◆ St. Joseph's Village Senior Citizen Club
- ◆ Stony Brook Senior Citizen Club
- ◆ Swan Lake Senior Citizen Club
- ◆ Three Village Senior Citizen Club
- ◆ Westfield Senior Citizen Club
- ◆ Yaphank Senior Citizen Club

## Senior Citizen I.D. Cards

If you are 60 years of age or older and a Suffolk County resident, you are entitled to a complimentary Senior Citizen I.D. Card. The card offers many discounts to seniors including a reduced fare on the Suffolk County Bus System. Stop by the Town of Brookhaven Senior Citizen Division with proof of age and residence and you will be issued a free I.D. card. For more information call 631-451-9191.



## Pre-Season Resident Parking Stickers on Sale



The Town of Brookhaven Department of Parks has begun their pre-season sale of the 2016 Seasonal Resident Parking Sticker at selected locations throughout the Town. The price of the 2016 Seasonal Parking Sticker is \$15.00 and is good for the entire 2016 season. If purchased before Monday, May 23rd, the reduced sticker cost will be \$10.00. Seasonal stickers for Senior Citizen, handicapped and veteran residents cost only \$5.00 throughout the entire season.

Stickers are available at the Town of Brookhaven Parks and Recreation Office in Centereach, the Henrietta Acampora Recreation Center in Blue Point, the Port Jefferson Marina Annex in Port Jefferson, the Rose Caracappa Senior Citizens Center in Mt. Sinai, and at the Center Moriches Library in Center Moriches (until May 8th).

For more information including hours and directions, please visit the Town of Brookhaven website at [www.brookhaven.org](http://www.brookhaven.org) or call 451-TOWN or 451-6101.



# TOWN HALL HOLIDAY CLOSINGS 2016

<b>Memorial Day</b>	<b>May 30, 2016</b>
<b>Independence Day</b>	<b>July 4, 2016</b>
<b>Labor Day</b>	<b>September 5, 2016</b>
<b>Columbus Day</b>	<b>October 10, 2016</b>
<b>Election Day</b>	<b>November 8, 2016</b>
<b>Veteran's Day</b>	<b>November 11, 2016</b>
<b>Thanksgiving Day</b>	<b>November 24, 2016</b>
<b>Thanksgiving Day Weekend</b>	<b>November 25, 2016</b>
<b>1/2 Day Christmas Eve (Observed)</b>	<b>December 23, 2016 (Friday)</b>
<b>Christmas Day (Observed)</b>	<b>December 26, 2016 (Monday)</b>
<b>1/2 Day New Year's Eve (Observed)</b>	<b>December 30, 2016 (Friday)</b>

**Town of Brookhaven**  
**Department of Housing & Human Services**  
**Diana Weir, Commissioner**  
**Senior Citizen Division**  
One Independence Hill, Farmingville, New York 11738  
PHONE: (631) 451-9191 FAX: (631) 451-9148



**Edward P. Romaine, Supervisor**

Valerie M. Cartright, District 1  
Kevin LaValle, District 3  
Neil Foley, District 5  
Jane Bonner, District 2  
Michael A. Loguercio Jr., District 4  
Daniel J. Panico, District 6  
Donna Lent, Town Clerk  
Louis Marcoccia, Receiver of Taxes  
Daniel Losquadro, Superintendent of Highways