Farmingville, NY - On June 29th, Councilwoman Valerie M. Cartright attended the ribbon cutting for Evolution Youth Fitness in Port Jefferson Station. The Councilwoman joined the owner, Tony Rodriguez, staff members, Chamber of Commerce representatives, and clients to officially kick off the new gym, which has been in business since the soft opening two months ago. Pictured left to right are Councilwoman Cartright, Ivy Stevens from All Deals Local, Evolution Youth Fitness Owner Tony Rodriguez, daughter Nicolette Rodriguez, Michael Post representing the North Brookhaven Chamber of Commerce and Evolution Youth Fitness customers.

"Port Jefferson Station is thrilled to welcome Evolution Youth Fitness to our community. Youngsters today are more likely to lead a sedentary lifestyle and obesity is a very serious health issue in our country," stated Councilwoman Cartright. "This fitness center is an excellent resource for our children and parents."

"My goal when opening this place was to focus on the kids that need it most, which includes somewhat inactive overweight and obese children, and take a different approach to addressing the epidemic," stated Mr. Rodriguez.

Mr. Rodriguez has also developed an autism fitness program for children ages 7-18 called Thrive Autism Fitness, noting that there has been an increasing large need and demand in the community for autism focused programming. Go to www.facebook.com/evolutionyouthfitness for more information about Evolution Youth Fitness.