Town of Brookhaven Announces 6th Annual Division of Women's Services Conference: "Transition: Embrace the Change"

posted on 9/18/2012 2:45:34 PM

September 18, 2012

Day long conference will feature guest speakers, six workshops

Farmingville, NY - The Town of Brookhaven has announced that the Division of Women's Services will be hosting their sixth annual conference on Saturday, October 13th from 8:30 am to 3:00 pm. This year's conference is entitled "Transition: Embrace the Change," and will feature six workshops (see below). Victoria Ruvolo, the Long Island woman who made headlines after a group of teenagers nearly killed her by throwing a frozen turkey through her car windshield, will be delivering the keynote address about the power of forgiveness.

"For the sixth year in a row, our Division of Women's Services has offered these valuable conferences to speak on issues affecting women, especially in this difficult economic climate. I strongly encourage those interested to attend for not just the informative workshops but to hear the inspiring story of Victoria Ruvolo," said Acting Supervisor/Councilwoman Kathleen Walsh, who serves as the Town Board Liaison to the Division of Women's Services.

Attendees must register by October 5th and pay a fee of $20 for residents or $30 for non-residents. Those interested can visit www.brookhaven.org/womensconference to register online. The registration fee includes breakfast and lunch.

Conference guests must choose to attend four of the six workshops listed below and must indicate their choices on the registration form. Advanced registration is required to ensure workshop availability. The six workshops are split into four sessions, with each one being hosted twice.

The schedule for the day is as follows:

8:30-9:00 a.m.
- Registration
- Continental Breakfast

9:00-9:30 a.m.
- Welcome
- Keynote Address: "Letting Go... How Forgiveness Can Change Your Life" by Victoria Ruvolo.

9:45-10:30 a.m. Session A Workshops
- Saving Money: It's Not as Hard as You Think!
- Create Healthy Balance, 30 Day Challenge
- Leap Ahead of the Competition

10:45-11:30 a.m. Session B Workshops
- Shifting Gears/ Exploring New Possibilities
- Living Beyond Loss
- So Everything Changed, Now What?

11:45-1:00 p.m. Lunch

1:15-2:00 p.m. Session C Workshops
- Saving Money: It's Not as Hard as You Think!
- Create Healthy Balance, 30 Day Challenge
- Leap Ahead of the Competition

2:15-3:00 Session D Workshops
- Shifting Gears/ Exploring New Possibilities
For more information, please visit Brookhaven.org or call the Division of Women's Services at (631)451- 6146.