Farmingville, NY – From savoring produce at the peak of freshness, to meeting the people who grow your food, there are many reasons to shop at the Farmers Markets coming to the Rose Caracappa Senior Center in Mount Sinai and the Holtsville Ecology Center. The food you buy at the farmers market is locally grown, natural/unprocessed and seasonal. A regular trip to a farmers market is one of the best ways to connect with where your food comes from. Meeting and talking to farmers is also a great opportunity to learn more about how and where food is produced in our community.

The Rose Caracappa Senior Center is located at 739 Route 25A in Mt. Sinai. The Farmers Market will be open 9:00 am to 2:00 pm on Saturdays from June 4 to October 29. The Holtsville Ecology Center is located at 249 Buckley Road in Holtsville. The Farmers Market will be open 2:00 pm to 7:00 pm on Thursdays from June 16 to Sept. 1.

"Shopping at a farmers market is a great way to get fresh produce and support our local farmers," said Councilwoman Bonner. "Many of them are our neighbors and I encourage everyone to stop in and buy some of the best fruits and vegetables that you’ll ever taste."

Superintendent Losquadro said, "We are happy to help make local produce more accessible to Brookhaven residents, while supporting our local farms. I hope everyone will find the time to visit and support the farmers markets this summer."

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