Girls Group

The Town of Brookhaven
Youth Bureau
is proud to present
"Girl Talk"
A FREE Anxiety Support Group for Teen Girls



Real Queens Fix Each Other's Crowns

"GIRL TALK" IS A
SMALL GROUP DISCUSSION GROUP

Topics that will be discussed include...

Self-Care Techniques
Stress Management Skills
Managing Anxious Thoughts
Healthy vs Unhealthy Relationships

Who can attend?

All Brookhaven Town resident girls ages 12-15.

Please contact the Youth Bureau to sign up for any/all of the four sessions. Phone: (631) 451-8011

Where:

Brookhaven Town Hall Youth Bureau, 2nd floor 1 Independence Hill Farmingville, NY 11738

When:

3:30 PM - 4:30 PM

Tuesday, March 8, 2022 Tuesday, March 15, 2022 Tuesday, March 22, 2022 Tuesday, March 29, 2022



Jonathan Kornreich, District 1 *Michael Loguercio, District 4
Jane Bonner, District 2 Neil Foley, District 5
Kevin LaValle, District 3 Daniel Panico, District 6

Supervisor Edward P. Romaine

Donna Lent, Town Clerk Louis Marcoccia, Receiver of Taxes Daniel P. Losquadro, Highway Superintendent * Youth Bureau Liaison