

Town of Brookhaven Announces 7th Annual Division of Women's Services Conference and Expo: "Women Empowering Women - Work, Health, Family" on Saturday, October 5

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Sponsorship and vendor opportunities available for day long conference

Farmingville, NY - The Town of Brookhaven has announced that the Division of Women's Services will host its seventh annual Conference and Expo on Saturday, October 5 from 8:30 am to 3:00 pm. This year's conference is titled "Women Empowering Women - Work, Health, Family," and will feature guest speakers, vendor booths and four workshops that promote wellness and personal growth in the lives of women in the community.

The keynote speaker will be Paula Klee Parish, CEO of Performance Solutions, Inc., author of the book, *The Journey To Be Your Own Best Friend*. She is a motivational speaker, professional development and career coach and business advisor for progressive professionals and organizations, and the founder of "Women on the Move," an educational women's network focused on personal growth and professional development.

"The Women's Conference and Expo has been a well-attended event in the past and is growing year-by-year," said Supervisor Ed Romaine. "Our Division of Women's Services and its volunteers are truly committed to improving the quality of life of women throughout the community and I applaud them for taking the lead by organizing this worthwhile event."

The Office of Women's Services invites interested sponsors and vendors to promote their business and participate in this event. They are seeking a diverse group to showcase local organizations in their efforts to promote wellness and personal growth. Vendors may sell and promote items and services.

Sponsors, vendors and attendees can visit www.brookhaven.org to register and make their fee payment online. The registration fee includes breakfast and lunch. All must register by September 20.

Conference guests will be able to attend all of the workshops listed below. Advanced registration is required.

The workshops include:

- Cooking for Wellness
- Stretching Your Dollar
- Dressing for Empowerment
- Keys to Professional Success

For more information about the Women's Conference and Expo, please visit www.brookhaven.org, e-mail womenservices@brookhaven.org or call the Division of Women's Services at 631-698-2074.

Division of Public Information * Office of the Supervisor

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