

**TOWN OF BROOKHAVEN NUTRITION PROGRAM MENU**

**APRIL 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CURRIED CHICKEN CHOPPED SPINACH W/ G&O YELLOW RICE ORANGE	4 BAKED ZITI W/ MEAT SAUCE GREEN BEANS ITALIAN BLEND VEG APPLE SAUCE	5 LO-SOD.TURKEY & SWISS WRAP CARROT SALAD TOMATO & CUCUMBER SALAD DICED PEARS	6 PORK SCALOPPINI SPINACH & KALE ROAST POTATOES CUT MELON	7 <b>CLOSED</b>  <b>GOOD FRIDAY</b>
10 SALISBURY STEAK W/ GRAVY NORMANDY BLEND VEG EGG NOODLES DICED PEACHES	11 EGG SALAD SANDWICH ROMAINE SALAD W/ O&V BEET SALAD PINEAPPLE	12 CHICKEN FRANCAISE BRUSSELS SPROUTS RICE PILAF BANANA	13 TURKEY ALA KING (W/ PEAS, MUSH & PIMENTO) SPINACH NOODLES MIXED FRUIT	14 CHEESE RAVIOLI ESCAROLE W/ G&O SLICED CARROTS SWEET POTATO MOUSSE
17 CHICKEN PARMIGIANA ZUCCHINI PASTA W/ TOMATO SAUCE WATERMELON	18 CHILI CON CARNE CALIFORNIA BLEND VEG YELLOW RICE FRUIT COCKTAIL	19 BREADED CHICKEN CUTLET W/ GRAVY SPINACH MASHED POTATOES CUT MELON	20 POT ROAST RED CABBAGE MASHED POTATOES ORANGE	21 BUTTER & LEMON ENCRUSTED FILET OF SOLE OKRA W/ STEWED TOMATOES SWEET POTATO APPLE SAUCE
24 BRAISED PORK SANDWICH CAULIFLOWER GREEN BEANS W/ G&O FRUITED GELATIN	25 PENNE PASTA W/ SPINACH, WHITE KIDNEY BEANS & CHICKEN BREAST STRIPS ITALIAN BLEND VEG CARROTS CHOCOLATE PUDDING	26 BEEF, CHEESE & REFRIED BEANS ENCHILADAS BROCCOLI SPANISH RICE APRICOTS	27 CHICKEN MARSALA BRUSSELS SPROUTS ROAST POTATO FRUIT	28 CREOLE BAKED COD (W/ TOMATO, PEPPER & ONION) SPINACH & KALE W/ G&O WILD RICE DICED PEARS

**\*\*MENU IS SUBJECT TO CHANGE\*\***

**Please advise Site Manager or Staff of any food allergies  
Please call by 12pm the day before to reserve a meal  
Bay Area Nutrition - 631-451-9080  
North Shore Nutrition - 631-451-5311  
Jitney Transportation - 631-451-6122  
Senior Citizens Division - 631-451-9191**

**Suggested voluntary anonymous meal contribution is \$2.  
Persons with self declared income at/above 185% of the  
federal poverty level are encouraged to contribute actual  
cose. Funding is provided by US Administration for  
Community Living through NYS Office for the Aging &  
Suffolk County Office for the Aging.**